



Independence Central Office

Scheduled Menu Plans

7500 Hanthorn Early Education

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/6/2020

Feeding Figure: 170

Base Menu Plan: 4,974 EE 1-5Y BFAST W1D1 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A376	PIZZA BREAKFAST TRK/SAU #1196	1	1 PIZZA	133
	Nutrient	Value	Units	Nutrient
	Food Energy	210.0000	kcal	Carbohydrate
				27.0000 g
1278	KIWI 33 CT	1	1/2 KIWI (2-3 WEDGE	133
	Nutrient	Value	Units	Nutrient
	Food Energy	23.2759	kcal	Carbohydrate
				5.5419 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				8.2500 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0001	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/6/2020

Feeding Figure: 170

Base Menu Plan: 1,004,685 EE 1-5Y LUNCH W1D1 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A526	FISH NACHO STICKS #2436 EE	1	3 STICKS	135
	Nutrient	Value	Units	Nutrient
	Food Energy	187.5000	kcal	Carbohydrate
				14.2500 g
A015	MAC AND CHEESE	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	235.7995	kcal	Carbohydrate
				22.0593 g
A011	VEGETABLES, MIXED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	38.4764	kcal	Carbohydrate
				8.4649 g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				16.0000 g

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Scheduled Menu Plans

7108	PEACHES DICED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
A040	EGG, SCRAMBLED, CHEESY	1	1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	194.9017	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/7/2020

Feeding Figure: 170

Base Menu Plan: 4,995 EE 1-5Y LUNCH W1D2 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A345	PIZZA FIESTADA WG #2170	1	1 PIECE	135
	Nutrient	Value	Units	
	Food Energy	340.0001	kcal	
A372	GREEN BEANS-2017	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	14.3733	kcal	
A047	STRAWBERRIES AND BLUEBERRIES	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	67.1170	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	

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Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 1/7/2020
Base Menu Plan: 5,015 EE 1-5Y SNACK W1D2 19-20
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 150

Stock Number	Description	Serving Size	Measure	Projected Quantity												
7094	APPLESAUCE CUPS UNSWEE 4.5OZ	1	SERVING CUP (4.5 OZ)	135												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>51.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	51.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>14.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	14.0000	g	
Nutrient	Value	Units														
Food Energy	51.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	14.0000	g														
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34												
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Nutrient	Value	Units														
Food Energy	60.0001	kcal														
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Serving Period: Breakfast
Date: 1/8/2020
Base Menu Plan: 4,976 EE 1-5Y BFAST W1D3 19-20
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 170

Stock Number	Description	Serving Size	Measure	Projected Quantity												
a356	Pancake Maple Mini	1	1 PKG	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>210.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	210.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>35.0000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	35.0000	g	
Nutrient	Value	Units														
Food Energy	210.0000	kcal														
Nutrient	Value	Units														
Carbohydrate	35.0000	g														
1333	BANANAS PREM 40LB	1	1/2 BANANA	133												
<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>55.0000</td> <td>kcal</td> </tr> </tbody> </table>		Nutrient	Value	Units	Food Energy	55.0000	kcal	<table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>14.5000</td> <td>g</td> </tr> </tbody> </table>		Nutrient	Value	Units	Carbohydrate	14.5000	g	
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Food Energy	55.0000	kcal														
Nutrient	Value	Units														
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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2												
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Nutrient	Value	Units														
Food Energy	75.0000	kcal														
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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6												
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Independence Central Office

Scheduled Menu Plans

Serving Period: Lunch
Date: 1/8/2020
Base Menu Plan: 4,996 EE 1-5Y LUNCH W1D3 19-20
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 170

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A555	SPAGHETTI & MEATSAUCE 19- 20	1	1 SERVING	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	324.6268	kcal	Carbohydrate	40.8287	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	3.6560	kcal	Carbohydrate	0.5850	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
a7024	BEANS, PINTO (SALAD BAR)	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	2.6306	kcal	Carbohydrate	0.4998	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	31.2730	kcal	Carbohydrate	7.4273	g
1128	ITALIAN FF MARZETT	1	Ounce	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	13.7074	kcal	Carbohydrate	2.7415	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g

Serving Period: Snack
Date: 1/8/2020
Base Menu Plan: 5,017 EE 1-5Y SNACK W1D4 19-20
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 150

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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity
2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	135
Nutrient		Value Units		Nutrient
Food Energy		120.0000	kcal	Carbohydrate
				21.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
Nutrient		Value Units		Nutrient
Food Energy		50.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
Nutrient		Value Units		Nutrient
Food Energy		75.0000	kcal	Carbohydrate
				8.2500 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
Nutrient		Value Units		Nutrient
Food Energy		60.0001	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/9/2020 **Feeding Figure:** 170
Base Menu Plan: 4,977 EE 1-5Y BFAST W1D4 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133
Nutrient		Value Units		Nutrient
Food Energy		279.4904	kcal	Carbohydrate
				38.4986 g
A7078	STRAWBERRIES #7112	1	1/2 CUP	133
Nutrient		Value Units		Nutrient
Food Energy		38.8278	kcal	Carbohydrate
				10.0952 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
Nutrient		Value Units		Nutrient
Food Energy		50.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
Nutrient		Value Units		Nutrient
Food Energy		75.0000	kcal	Carbohydrate
				8.2500 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
Nutrient		Value Units		Nutrient
Food Energy		60.0001	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/9/2020 **Feeding Figure:** 170
Base Menu Plan: 4,997 EE 1-5Y LUNCH W1D4 19-20
Menu Comments:

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Independence Central Office

Scheduled Menu Plans

1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135
	Nutrient	Value	Units	
	Food Energy	31.2730	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/10/2020 **Feeding Figure:** 170
Base Menu Plan: 4,978 EE 1-5Y BFAST W1D5 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2473	MUFFINS BLUEBERRY IW	1	PKG (1)	133
	Nutrient	Value	Units	
	Food Energy	150.0000	kcal	
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	133
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
1350	PINEAPPLE BITS IN LS	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	69.9472	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	Nutrient	Value	Units	
	Food Energy	25.0000	kcal	

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
Nutrient		Value	Units	
Food Energy		30.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		2.7500	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/10/2020 **Feeding Figure:** 170
Base Menu Plan: 4,998 EE 1-5Y LUNCH W1D5 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	135
Nutrient		Value	Units	
Food Energy		344.3325	kcal	
Nutrient		Value	Units	
Carbohydrate		26.7154	g	
A425	POTATO CRINKLE FRIES	1	1/2 CUP	135
Nutrient		Value	Units	
Food Energy		120.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		20.0000	g	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	135
Nutrient		Value	Units	
Food Energy		10.4961	kcal	
Nutrient		Value	Units	
Carbohydrate		2.0652	g	
A070	CARROTS, COOKED	1	1/2 CUP	135
Nutrient		Value	Units	
Food Energy		22.5109	kcal	
Nutrient		Value	Units	
Carbohydrate		5.2526	g	
A053	APPLESAUCE, ROSY	1	1/2 CUP	135
Nutrient		Value	Units	
Food Energy		42.2652	kcal	
Nutrient		Value	Units	
Carbohydrate		10.8688	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	68
Nutrient		Value	Units	
Food Energy		33.3278	kcal	
Nutrient		Value	Units	
Carbohydrate		8.3320	g	
1097	MUSTARD	1	Ounce	14
Nutrient		Value	Units	
Food Energy		0.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		0.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
Nutrient		Value	Units	
Food Energy		50.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
Nutrient		Value	Units	
Food Energy		75.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
Nutrient		Value	Units	
Food Energy		60.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		5.5000	g	

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Independence Central Office

Scheduled Menu Plans

Serving Period: Snack
Date: 1/10/2020
Base Menu Plan: 5,018 EE 1-5Y SNACK W1D5 19-20
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 150

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1015	CHEESE STRING MOZ LT	1	PKG (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	80.0000	kcal	Carbohydrate	0.0000	g
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	2.4769	kcal	Carbohydrate	4.5000	g
1353	JUICE APPLE 100%	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	55.0000	kcal	Carbohydrate	14.0000	g

Serving Period: Breakfast
Date: 1/13/2020
Base Menu Plan: 4,979 EE 1-5Y BFAST W2D1 19-20
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 133

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A551	EGG, TAC-GO, IW #2444	1	1 PKG	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	180.0000	kcal	Carbohydrate	14.0000	g
7045	SALSA	1	1/4 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	20.0000	kcal	Carbohydrate	4.0000	g
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	13.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g

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Scheduled Menu Plans

Serving Period: Lunch
Date: 1/13/2020
Base Menu Plan: 4,999 EE 1-5Y LUNCH W2D1 19-20
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A332	WG PANINI HOT HAM/CHZ 2019	1	1 SANDWICH	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	293.9229	kcal	Carbohydrate	31.6536	g
A372	GREEN BEANS-2017	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	14.3733	kcal	Carbohydrate	2.9001	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g

Serving Period: Snack
Date: 1/13/2020
Base Menu Plan: 5,019 EE 1-5Y SNACK W2D1 19-20
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity		
1387	GRAHAMS ORIGINAL	1	PKG (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	346.1538	kcal	Carbohydrate	65.3847	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
Nutrient		Value	Units	
Food Energy		60.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/14/2020 **Feeding Figure:** 133
Base Menu Plan: 4,980 EE 1-5Y BFAST W2D2 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133
Nutrient		Value	Units	
Food Energy		90.7747	kcal	
Nutrient		Value	Units	
Carbohydrate		19.5767	g	
a7074	BLUEBERRIES #7074	1	1/2 CUP	133
Nutrient		Value	Units	
Food Energy		39.1500	kcal	
Nutrient		Value	Units	
Carbohydrate		9.5045	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
Nutrient		Value	Units	
Food Energy		50.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
Nutrient		Value	Units	
Food Energy		75.0000	kcal	
Nutrient		Value	Units	
Carbohydrate		8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
Nutrient		Value	Units	
Food Energy		60.0001	kcal	
Nutrient		Value	Units	
Carbohydrate		5.5000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/14/2020 **Feeding Figure:** 135
Base Menu Plan: 5,000 EE 1-5Y LUNCH W2D2 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A077	QUESO BLANCO BEEF ENCHILADAS	1	2 ENCHILADAS	135
Nutrient		Value	Units	
Food Energy		306.9601	kcal	
Nutrient		Value	Units	
Carbohydrate		16.4799	g	
A016	RICE, MEXICAN-STYLE	1	1/2 CUP	135
Nutrient		Value	Units	
Food Energy		78.7958	kcal	
Nutrient		Value	Units	
Carbohydrate		13.4837	g	
A359	CORN, COOKED	1	1/2 CUP	135
Nutrient		Value	Units	
Food Energy		99.2998	kcal	
Nutrient		Value	Units	
Carbohydrate		20.8661	g	

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Scheduled Menu Plans

1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	Nutrient
	Food Energy	55.0000	kcal	Carbohydrate
				14.5000 g
7045	SALSA	1	Ounce	135
	Nutrient	Value	Units	Nutrient
	Food Energy	8.8527	kcal	Carbohydrate
				1.7705 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				8.2500 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0001	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/14/2020 **Feeding Figure:** 135
Base Menu Plan: 5,020 EE 1-5Y SNACK W2D2 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	135
	Nutrient	Value	Units	Nutrient
	Food Energy	80.0000	kcal	Carbohydrate
				15.0000 g
1353	JUICE APPLE 100%	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	55.0000	kcal	Carbohydrate
				14.0000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/15/2020 **Feeding Figure:** 133
Base Menu Plan: 4,981 EE 1-5Y BFAST W2D3 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				20.0000 g
A029	TOAST, WG	1	1 SLICE	133
	Nutrient	Value	Units	Nutrient
	Food Energy	112.5000	kcal	Carbohydrate
				18.0000 g

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Scheduled Menu Plans

1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	Nutrient	Value	Units	Nutrient
	Food Energy	55.0000	kcal	Carbohydrate
				14.5000 g
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	Nutrient	Value	Units	Nutrient
	Food Energy	25.0000	kcal	Carbohydrate
				2.7500 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				8.2500 g
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
	Nutrient	Value	Units	Nutrient
	Food Energy	30.0000	kcal	Carbohydrate
				2.7500 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0001	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/15/2020 **Feeding Figure:** 135
Base Menu Plan: 5,001 EE 1-5Y LUNCH W2D3 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A195	SANDWICH, CHICKEN WG	1	1 SANDWICH	135
	Nutrient	Value	Units	Nutrient
	Food Energy	369.9999	kcal	Carbohydrate
				39.0001 g
A455	POTATO SWT TRAX #2384	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	180.0000	kcal	Carbohydrate
				23.0001 g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	3.6560	kcal	Carbohydrate
				0.5850 g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	11.6147	kcal	Carbohydrate
				2.7139 g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	8.1076	kcal	Carbohydrate
				1.7522 g

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Scheduled Menu Plans

A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.7866	g	
A046	STRAWBERRY FRUIT MEDLEY	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	47.3997	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.7078	g	
1128	ITALIAN FF MARZETT	1	Ounce	135
	Nutrient	Value	Units	
	Food Energy	13.7074	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7415	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	68
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
1097	MUSTARD	1	Ounce	68
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/15/2020

Feeding Figure: 135

Base Menu Plan: 5,021 EE 1-5Y SNACK W2D3 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2474	MUFFINS APPLE CINNAMON IW	1	PKG (1)	135
	Nutrient	Value	Units	
	Food Energy	140.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/16/2020 **Feeding Figure:** 133
Base Menu Plan: 4,982 EE1-5Y BFAST W2D4 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		201.9896	kcal	Carbohydrate		4.3370	g
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		110.0000	kcal	Carbohydrate		15.0000	g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		31.2730	kcal	Carbohydrate		7.4273	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/16/2020 **Feeding Figure:** 135
Base Menu Plan: 5,002 EE 1-5Y LUNCH W2D4 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A084	MEATLOAF-SLICES	1	1 SLICE	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		227.0069	kcal	Carbohydrate		16.9442	g
A026	ROLLS, WHEAT, WG	1	2 OUNCE	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		178.5303	kcal	Carbohydrate		29.0164	g

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Scheduled Menu Plans

A055	POTATOES, AUGRATIN	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	22.0000	g	
A070	CARROTS, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	22.5109	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.2526	g	
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.0000	g	
2286	KETCHUP JUG WITH PUMP	1	Ounce	21
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.3320	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/16/2020

Feeding Figure: 135

Base Menu Plan: 5,022 EE 1-5Y SNACK W2D4 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	135
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

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Scheduled Menu Plans

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/17/2020

Feeding Figure: 133

Base Menu Plan: 5,156 EE 1-5Y BFAST W2D5 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A468	PANCAKE STRAWBERRY #2410	1	1 PKG	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	220.0000	kcal	Carbohydrate	40.0000	g
A584	PEARS, LS	1	1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	0.0000	kcal	Carbohydrate	0.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/17/2020

Feeding Figure: 135

Base Menu Plan: 1,572 EE 2017-18 CHILI

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A080	CHILI	1	3/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	204.8990	kcal	Carbohydrate	19.8847	g
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	2.4769	kcal	Carbohydrate	4.5000	g
2350	MUFFIN WG CORNBREAD IW	1	PKG (1.8 OZ)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	150.0000	kcal	Carbohydrate	23.0000	g
4118	BOWL DISPOSABLE 12 OZ	1	BOWL (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	0.0000	kcal	Carbohydrate	0.0000	g

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Scheduled Menu Plans

A057	BROCCOLI, STEAMED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	28.2507	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.5307	g	
7108	PEACHES DICED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/17/2020 **Feeding Figure:** 135
Base Menu Plan: 5,023 EE 1-5Y SNACK W2D5 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	
	Food Energy	55.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.5000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/21/2020 **Feeding Figure:** 133
Base Menu Plan: 4,985 EE 1-5Y BFAST W3D2 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Trans Fat is displayed for informational purposes only, not for monitoring.
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Scheduled Menu Plans

A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	201.9896	kcal	
A029	TOAST, WG	1	1 SLICE	133
	Nutrient	Value	Units	
	Food Energy	112.5000	kcal	
1278	KIWI 33 CT	1	1/2 KIWI (2-3 WEDGE)	133
	Nutrient	Value	Units	
	Food Energy	23.2759	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/21/2020

Feeding Figure: 135

Base Menu Plan: 5,005 EE 1-5Y LUNCH W3D2 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A330	PIZZA CHEESE TONY'S #2387	1	1 SLICE	135
	Nutrient	Value	Units	
	Food Energy	349.9999	kcal	
A372	GREEN BEANS-2017	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	14.3733	kcal	
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	

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Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/21/2020 **Feeding Figure:** 135
Base Menu Plan: 5,025 EE 1-5Y SNACK W3D2 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		31.2730	kcal	Carbohydrate		7.4273	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/22/2020 **Feeding Figure:** 133
Base Menu Plan: 4,986 EE 1-5Y BFAST W3D3 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
a356	Pancake Maple Mini	1	1 PKG	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		210.0000	kcal	Carbohydrate		35.0000	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		55.0000	kcal	Carbohydrate		14.5000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/22/2020 **Feeding Figure:** 135
Base Menu Plan: 5,105 EE 1-5Y LUNCH W3D3 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A414	CHICKEN & NOODLES-WG GAGE	1	3/4 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		209.6520	kcal	Carbohydrate		26.7765	g
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		110.0000	kcal	Carbohydrate		15.0000	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		3.6560	kcal	Carbohydrate		0.5850	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		11.6147	kcal	Carbohydrate		2.7139	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		8.1076	kcal	Carbohydrate		1.7522	g
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		82.4860	kcal	Carbohydrate		15.5007	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		60.0000	kcal	Carbohydrate		14.0000	g
2365	DRESSING RANCH OTT'S	1	Ounce	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		85.8443	kcal	Carbohydrate		4.2922	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/22/2020 **Feeding Figure:** 135
Base Menu Plan: 5,026 EE 1-5Y SNACK W3D3 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1912	CHEEZ-IT WHOLE GRAIN	1	PKG (1)	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		100.0000	kcal	Carbohydrate		14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/23/2020 **Feeding Figure:** 133
Base Menu Plan: 4,987 EE 1-5Y BFAST W3D4 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		279.4904	kcal	Carbohydrate		38.4986	g
A7078	STRAWBERRIES #7112	1	1/2 CUP	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		38.8278	kcal	Carbohydrate		10.0952	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g

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Scheduled Menu Plans

2311	CRISPY BITES BLUE/LEM 1.0 OZ	1	PKG (1)	135
	Nutrient	Value	Units	
	Food Energy	120.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	21.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/24/2020 **Feeding Figure:** 133
Base Menu Plan: 4,988 EE 1-5Y BFAST W3D5 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2473	MUFFINS BLUEBERRY IW	1	PKG (1)	133
	Nutrient	Value	Units	
	Food Energy	150.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
A392	YOGURT TRIX STRAW/BAN #2212	1	1 CONTAINER	133
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	
1350	PINEAPPLE BITS IN LS	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	69.9472	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.9872	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/24/2020 **Feeding Figure:** 135
Base Menu Plan: 5,008 EE 1-5Y LUNCH W3D5 19-20
Menu Comments:

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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A232	SLOPPY JOE ON WW BUN 2019	1	1 SANDWICH	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	387.4476	kcal	Carbohydrate	37.2465	g
A496	POTATO TATER TOTS #1219	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	110.0001	kcal	Carbohydrate	17.0000	g
A070	CARROTS, COOKED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	22.5109	kcal	Carbohydrate	5.2526	g
A047	STRAWBERRIES AND BLUEBERRIES	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	67.1170	kcal	Carbohydrate	16.6585	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/24/2020

Feeding Figure: 135

Base Menu Plan: 5,028 EE 1-5Y SNACK W3D5 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
7094	APPLESAUCE CUPS UNSWEE 4.5OZ	1	SERVING CUP (4.5 OZ)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	51.0000	kcal	Carbohydrate	14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/27/2020 **Feeding Figure:** 133
Base Menu Plan: 4,989 EE 1-5Y BFAST W4D1 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A551	EGG, TAC-GO, IW #2444	1	1 PKG	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		180.0000	kcal	Carbohydrate		14.0000	g
7045	SALSA	1	1/4 CUP	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		20.0000	kcal	Carbohydrate		4.0000	g
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		13.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		25.0000	kcal	Carbohydrate		2.7500	g
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		30.0000	kcal	Carbohydrate		2.7500	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/27/2020 **Feeding Figure:** 135
Base Menu Plan: 5,009 EE 1-5Y LUNCH W4D1 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

A433	SANDWICH, GRILLED CHEESE HM	1	1 SANDWICH	135
	Nutrient	Value	Units	
	Food Energy	364.4885	kcal	
	Nutrient	Value	Units	
	Carbohydrate	24.0000	g	
A372	GREEN BEANS-2017	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	14.3733	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.9001	g	
A046	STRAWBERRY FRUIT MEDLEY	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	47.3997	kcal	
	Nutrient	Value	Units	
	Carbohydrate	11.7078	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/27/2020 **Feeding Figure:** 135
Base Menu Plan: 5,029 EE 1-5Y SNACK W4D1 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	135
	Nutrient	Value	Units	
	Food Energy	346.1538	kcal	
	Nutrient	Value	Units	
	Carbohydrate	65.3847	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/28/2020 **Feeding Figure:** 133
Base Menu Plan: 4,990 EE 1-5Y BFAST W4D2 19-20
Menu Comments:

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Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	90.7747	kcal	Carbohydrate	19.5767	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 1/28/2020

Feeding Figure: 135

Base Menu Plan: 5,010 EE 1-5Y LUNCH W4D2 19-20

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A081	WG SOFT TACO W/MEAT	1	1 TACO	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	275.0917	kcal	Carbohydrate	24.6593	g
7045	SALSA	1	Ounce	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.8527	kcal	Carbohydrate	1.7705	g
A069	BEANS, REFRIED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	38.1667	kcal	Carbohydrate	3.2487	g
A359	CORN, COOKED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	99.2998	kcal	Carbohydrate	20.8661	g
1333	BANANAS PREM 40LB	1	1/2 BANANA	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	55.0000	kcal	Carbohydrate	14.5000	g

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Scheduled Menu Plans

2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/28/2020 **Feeding Figure:** 135
Base Menu Plan: 5,030 EE 1-5Y SNACK W4D2 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1423	GOLDFISH CHEDDAR WG	1	PKG (1)	135
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/29/2020 **Feeding Figure:** 133
Base Menu Plan: 4,991 EE 1-5Y BFAST W4D3 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A040	EGG, SCRAMBLED, CHEESY	1	1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	194.9017	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.9150	g	
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	

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1333	BANANAS PREM 40LB	1	1/2 BANANA	133		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	55.0000	kcal	Carbohydrate	14.5000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0001	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/29/2020 **Feeding Figure:** 135
Base Menu Plan: 5,011 EE 1-5Y LUNCH W4D3 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A116	WG BEEFY MAC & CHEESE	1	6 OUNCES	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	1,206.6315	kcal	Carbohydrate	0.0000	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	3.6560	kcal	Carbohydrate	0.5850	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.1369	kcal	Carbohydrate	13.7866	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	16.0000	g
2365	DRESSING RANCH OTT'S	1	Ounce	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	85.8443	kcal	Carbohydrate	4.2922	g

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/29/2020 **Feeding Figure:** 135
Base Menu Plan: 5,031 EE 1-5Y SNACK W4D3 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2473	MUFFINS BLUEBERRY IW	1	PKG (1)	135
	Nutrient	Value	Units	
	Food Energy	150.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	23.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	8.2500	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/30/2020 **Feeding Figure:** 133
Base Menu Plan: 5,157 EE 1-5Y BFAST W4D4 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A468	PANCAKE STRAWBERRY #2410	1	1 PKG	133
	Nutrient	Value	Units	
	Food Energy	220.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	40.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
	Nutrient	Value	Units	
	Food Energy	31.2730	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.4273	g	

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2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/30/2020 **Feeding Figure:** 135
Base Menu Plan: 5,032 EE 1-5Y SNACK W4D4 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1353	JUICE APPLE 100%	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		55.0000	kcal	Carbohydrate		14.0000	g
2212	YOGURT TRIX STRAW/BAN 4 OZ	1	CONTAINER (1)	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		80.0000	kcal	Carbohydrate		15.0000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 1/31/2020 **Feeding Figure:** 133
Base Menu Plan: 4,993 EE 1-5Y BFAST W4D5 19-20
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A029	TOAST, WG	1	1 SLICE	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		112.5000	kcal	Carbohydrate		18.0000	g
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		100.0000	kcal	Carbohydrate		20.0000	g
a7074	BLUEBERRIES #7074	1	1/2 CUP	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		39.1500	kcal	Carbohydrate		9.5045	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		5.5000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		8.2500	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		60.0001	kcal	Carbohydrate		5.5000	g

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Scheduled Menu Plans

1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient		Value	Units
	Food Energy	55.0000	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient		Value	Units
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient		Value	Units
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient		Value	Units
	Food Energy	60.0001	kcal	

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